

zen  
MEDI SPA

LASER | SKIN | SPA

# ADVANCED SKINCARE STORE & LASER SPA

[WWW.ZENMEDISPA.CO.ZA](http://WWW.ZENMEDISPA.CO.ZA)

SPECIALISED AESTHETIC PRACTICE THAT OFFER  
A VARIETY OF TREATMENTS WITH UP TO DATE  
STATE OF THE ART TECHNOLOGY FOR AESTHETIC  
SKIN & BODY TREATMENTS.

## ZEN MEDI SPA

Gateway Park Hospital  
Medical Centre Suite 406 – 4th Floor, 36 Auroa Drive  
Enter parking to Gateway Private Hospital

**+27 31 584 8166**

e: [admin@zenmedispa.co.za](mailto:admin@zenmedispa.co.za)  
w: [www.zenmedispa.co.za](http://www.zenmedispa.co.za)

 /zenmedispa

 /zenmedispa

 /zen\_medi\_spa

## ZEN MEDI SPA

Zen Medi Spa is situated in the Gateway Private Hospital Medical Centre Suite 406, 36 Aurora Drive, Umhlanga Ridge, managed by senior aesthetic specialist Nabila Badat who has a passion for skin care and anti aging treatments. Practicing since 1998 Nabila has an international qualification in aesthetics and laser. She cares for your health and body and helps you to make it look younger and healthier day by day you grow. Her treatments are meant to enhance your beauty and glow with keeping your body in shape and retain your perfect metabolism so as to cheer your youth for long.

Dissatisfied with the limitations of the average beauty treatments, Nabila furthered her studies in different forms of laser therapy and para medical beauty treatments. She brought about organic alterations to the regular beauty treatments to make them work more effectively. In fact, people looking to have a shining career in this field are also facilitated to get laser education and training from the clinic.

Zen Medi Spa bridges the gap between the average beauty salon and medically founded treatments. Clients can rest assured that they are receiving the ultimate in relaxation and results orientated treatments. All the treatments are well-tested by the experts and are approved with regards to apply on the individuals.

Nabila also offers image consultant services, making sure that you are not only confident in your skin but your wardrobe too!

## SERVICES

Laser Hair Removal (We Offer A Variety Of Different Lasers Based On The Individual's Skin And Hair Type);

Laser Collagen Induction; Skin Tightening (Face & Body); Facial Contouring (Slimming Of Face - Sagging Jowls, Accentuating Cheekbones); Eye Treatments; Droopy Eyelids; Anti Wrinkle Treatments; Dark Under Eye Treatments; Acne Treatments; Skin Peels; Skin Rejuvenation & Brightening; Laser Skin Whitening; Scar Revision; Stretchmark Treatments; Fractional Laser; Cautery Of Acne / Moles / Skin Lesions / Warts / Syringoma; Pigmentation Treatments; Laser Tattoo Removal, Lipolysis; Cellulite Treatments; Carboxy Therapy; LED Light Therapy; Treatment For Thin Skins Types & Burn Scars; Dermapen; Hair Stimulating Treatments; IV Skin Booster Therapy; Glow Facials; Non Surgical Face Lifting Treatments; Massage; Waxing; Manicures & Pedicures; Botox & Fillers.

We also have a large Selection of **skincare products** for home use.

Kindly ask us for more info if the treatment is not listed as we continuously improve our level of services and technology.

## LIMITED OFFER

Sign up for our Limited Membership Programme & Receive unbelievable discounts on:  
Laser Hair Removal - Up to 60% discount; Facials - 50% discount; Dermapen; Skin Peels; Massage; Cellulite Treatments; And much more.

## PRICE LIST - LASER HAIR REMOVAL

Please enquire about membership programme and terms and conditions for laser hair removal!

Area	Non Member	Members
Full Face	1050	420
Lip Chin & Sides	750	375
Lip & Chin	550	275
Lip & Chin & Neck	650	325
Underarm	500	250
Full Arm	1500	750
Half Arm	750	375
Tummy And Flanks	1500	750
Areolar	450	225
Umbilical Strip	450	225
Ears	550	275
Shoulders	750	375
Back	1500	750
Bikini Line	550	275
Full Bikini	1050	525
Extended Bikini	800	400
Full Leg	3000	1500
Half Leg	1500	750
Fingers / Hands	550	275
Toes / Feet	550	275
Full Eyebrow	550	N/A

## SKIN TIGHTENING

A treatment designed to iron out wrinkles by stimulating natural collagen production by means of radio frequency. Patients undergo an average of 3 - 8 sessions for lift, firming and contouring the face as well as reducing sagging skin and crows feet. Skin tightening is also done for body areas.

Full Face And Neck - 1800  
Courses Customised On Consultation  
Body - On Consultation

## SKIN REJUVENATION & BRIGHTENING

A treatment that is ideal for immediate skin rejuvenation and brightening. Targets dark undereye circles, discolorations as well as damaged and sensitised skin. Combats free radical damage. An ideal treatment for skins that cannot tolerate traditional treatments. Skin is refreshed and brightened with immediate detoxification in sensitivity levels.

Full Face - 1250  
Courses Customised On Consultation  
(Membership Discounts Apply)

## PHOTO REVELATION

Photo revelation is an innovative, technologically advanced way to promote vibrant and healthy looking skin in men and women of all skin types. This procedure has been scientifically proven to produce new collagen by utilizing non-invasive laser technology to safely, discretely and effectively improve those conditions that are typically associated with the premature signs of ageing and sun damage, such as excessive redness, large pores, uneven texture, sallow complexion, acne scars and wrinkles with no pain or downtime.

Full Face And Neck - 3500

## DERMAPEN (SKIN NEEDLING)

The original dermapen. Improves fine lines, wrinkles, acne scars, open pores, sagging skin & stretchmarks. A fully automated treatment to stimulate collagen and elastin and also used for delivering active ingredients into deeper layers of the skin.

Full face - 1800  
(Membership discounts apply)

## LASER SKIN WHITENING

A skin treatment designed to lighten & brighten skin discolorations as well as melasma or hyperpigmentation & also general skin lightening and brightening. Can be used on the face or body.

Full Face - 1250  
Body - Prices On Consultation  
(Membership Prices Apply)

## ADVANCED LASER WHITENING

Lighten & Brighten with advanced technology. A full consultation is required.

Full Face - 3500  
Body - Prices On Consultation

## SKIN PEELS

We offer a variety of skin peels & different blends depending on skin concern and need. Superficial (no redness ) peels to medium or deep peels. A consultation is required. Glycolic Lactic; Salicyclic; Mandelic; Pyruvic; TCA; Jesseners

Prices 650 - 8000  
(Membership Prices Apply On Some Peels)

## ENZYME TREATMENTS

### PUMKIN RESURFACING SKIN TREATMENT

The pumpkin resurfacer was originally designed to treat people with acne concerns, but the more clients who tried it the more discovered amazing the treatment is. Not only does the Pumpkin Resurfacer treat acne concerns, it also treats enlarged pores, hyperpigmentation, fine lines and wrinkles but it also improves the skin's tone and texture.

The high performance ingredients actively fight free radicals that cause the skin to age over time. Free radicals are created from pollution, dust, cigarette smoke and the sun.

## FACIALS

An ideal way to relax and improve the skin with our range of medical and luxury facials

Specialised Exuviance & Neostrata Facial With  
No Redness Peel & Led Light Therapy – 850  
Basic Facial – 700  
Specialised Exuviance Neostrata Glow Facial - 750

## MARY COHR

A unique tailor made facial suited for all skin types. It uses the world famous Catiovital machine to deep cleanse using a thermal cleansing technic and it also nourishes and balances the skin by introducing serums via ionization, restoring radiance to the complexion. This facial will make you look ten years younger! This is a non-surgical immediate lifting effect through muscular stimulation, including a lymphatic draining stimulation that boosts the skin vital functions, clearing toxins from the tissues and re-oxygenating the skin.

Mary Cohr Basic Facial – 950  
Mary Cohr Catio Vital Lift – 950  
Mary Cohr Whitening Facial – 950  
(Membership Discount Applies)

zen  
MEDI SPA

LASER | SKIN | SPA

## BODY PEELING

Body Peeling is an ideal way of treating discoloration, scarring or uneven skin tone on the body.

Prices Determined On Consultation And  
Size Of The Treatment Area

## FRACTIONAL REJUVENATION

Sublative is the only technology proven to reduce moderate to severe acne scars for all skin types, stretchmarks and wrinkles. The Sublative™ RF applicator is designed to deliver radiofrequency energy to the skin in a fractional manner, via an array of multi-electrode pins. The array delivers bipolar RF energy to the skin. Microscopic zones of epidermis and dermis are thermally ablated in a grid over the skin surface, where non-ablated zones serve as a reservoir of cells that promote rapid healing. Fractional Rejuvenation can be used to treat the face or body.

Full Face - 4500  
Body - Consultation Required Dependant On Size

## LED LIGHT THERAPY

LED Light Therapy is based on important research by NASA showing that certain frequencies of light significantly increase new tissue growth, stimulate collagen production and reduce fine lines and wrinkles. This breakthrough technology does not use heat or any kind of "invasive" process, but triggers the body to convert light energy into cell energy without thermal heat. LED light therapy is noninvasive, causes no inflammation, and requires no special post-treatment procedures. It is proving to be an effective treatment for aging skin as well as particular conditions such as Rosacea and other skin conditions.

Enquire For More Information



## CAUTERY

Removal of comedones, acne, moles, skin tags, warts & skin lesions.

From 850

## LASER TATTOO REMOVAL

Zen Medi Spa uses the Gold Standard in Tattoo removal. Contact us for a full consultation and demonstration. Our system works on all tattoo colors and all skin types.

## CELLULITE TREATMENTS

A combination of radio frequency, carboxy therapy & lipolysis injections are administered. A full consultation is required for a customised package.

Membership Prices Apply

## DARK UNDER EYE TREATMENTS & REDUCTION OF EYE BAGS

A combination of different modalities of treatments options are customised according to the patients requirements.

## TREATMENT FOR DARKENED LIPS

A combination of laser & Skin peeling.

## TREATMENT FOR HAIR GROWTH STIMULATIONS

1st Treatment - 2500

Thereafter 850 per treatment

A full consultation is required.

## SLIMMING & LIPOLYSIS

Treatments & Packages Designed on consultation.

## PACKAGES:

Valid from 01 September 2016 - 01 September 2017

### BRIDAL REVITALIZATION

Choose any two treatments below:

- Mary Cohr brightening facial 60min
- Skin tightening face and neck 45min
- Skin rejuvenation & brightening including eye area 45min
- Mary Cohr non surgical face lift 60min

**Included:** Mani or Pedi 45min & 1 box of Nano Blanc (unique transdermal patch for a healthy, brighter glowing complexion - targets uneven skin colour - worth 1850)

3300

### FAMILY OF THE BRIDE

Express mani and pedi 40min

Glow facial 60min

Back neck and shoulder massage 30min

790

### GROOMS PREP

Choose between:

Mary Cohr brightening facial 60 min

Mary Cohr lift 60min

**Includes:**

Back and neck massage 30 min

Express mani or pedi 45 min

950

### CLEAN UP FOR HER - Full body Wax

600

## IMAGE CONSULTING SERVICES AVAILABLE

**Colour Analysis** - a process that determines your natural colour tone so that all clothing, make up, hair and jewellery colours placed near your face will be in harmony with the tone.

**Face Shape Analysis** - Hairstyle and glasses

**Body Shape Analysis** - Chose the right clothing for your body shape

**Personal Style Assessment** - Learn how your personality affects your style. Shopping will be much easier.

**Wardrobe Detox And Personal Shopping** - Based on your tone we decide what can stay and what has to go.



# ADVANCED SKINCARE STORE & LASER SPA

[WWW.ZENMEDISPA.CO.ZA](http://WWW.ZENMEDISPA.CO.ZA)

---

Gateway Private Hospital  
Medical Centre Suite 406 – 4th Floor, 36 Auroa Drive  
Enter parking to Gateway Private Hospital

t: +27 31 584 8166  
e: [admin@zenmedispa.co.za](mailto:admin@zenmedispa.co.za)



[/zenmedispa](https://www.facebook.com/zenmedispa)



[/zenmedispa](https://twitter.com/zenmedispa)



[/zen\\_medi\\_spa](https://www.instagram.com/zen_medi_spa)

PRICES VALID FROM 01 SEPTEMBER 2016 - 01 SEPTEMBER 2017  
LIMITED NUMBER OF MEMBERSHIPS AVAILABLE PER MONTH.  
MEMBERSHIPS ARE SUBJECT TO AVAILABILITY  
KINDLY CONTACT US TO BE ENTERED ONTO THE WAITING LIST.